



Boundary Span

Spanning Boundaries, Building Bridges

Serving Delaware County, PA and Beyond

Specializing in public health, criminal justice,
domestic violence, and homelessness

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Supervision Philosophy

Within clinical supervision, I strive to be person-centered, and operate from a psychodynamic frame, as well as a systems theory approach. I partner with my supervisees, who are the experts on their own lives, in mapping out their professional (and sometimes personal) goals, and explore how I can help facilitate and nurture their efforts in reaching these goals.

My perspective is largely psychodynamic, focusing on giving my supervisees the space to explore how their past experiences have shaped them as professionals, which stems from the personal. Through this exploration, my supervisees and I engage in a parallel process, with me as their clinical supervisor modeling how to do the “work” of pulling from the past to navigate present challenges and triumphs, while remaining in forward motion. In turn, my supervisees are able to model this for those that they are serving in practice.

Systems theory informs both my therapeutic and clinical supervision practice, including the various systems that I as the clinical supervisor, my supervisees, and those served by my supervisees come into contact with on a regular basis. This is beginning with the Family of Origin (FOO), all the way through to future systems that my supervisees will potentially create.

Throughout the process of clinical supervision, my methodology is learner-centered as well as topic-centered, emphasizing my supervisee’s learning objectives and use of self while processing my supervisees’ own methodologies in the work that they are doing in their practice.

In providing clinical supervision, throughout the work that is done between my supervisees and I, leading up to the work that is done between my supervisees and those that they serve, holistic healing, self-care and balance are concepts that are regularly addressed. The ultimate goal in the partnership between my clinical supervisees and myself is to lay the groundwork for practice that is ethical, competent, and compassionate- for all those involved within the clinical supervision system.